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CHILD NEGLECT

A GUIDE FOR PREVENTION, ASSESSMENT, AND INTERVENTION

TREATING TRAUMA AND TRAUMATIC GRIEF IN CHILDREN AND ADOLESCENTS

Guilford Press **This is the authoritative guide to conducting trauma-focused cognitive-behavioral therapy (TF-CBT), a systematic, evidence-based treatment for traumatized children and their families. Provided is a comprehensive framework for assessing posttraumatic stress disorder, depression, anxiety, and other symptoms; developing a flexible, individualized treatment plan; and working collaboratively with children and parents to build core skills in such areas as affect regulation and safety. Specific guidance is offered for responding to different types of traumatic events, with an entire section devoted to grief-focused components. Useful appendices feature resources, reproducible handouts, and information on obtaining additional training. TF-CBT has been nationally recognized as an exemplary evidence-based program. See also the edited volume Trauma-Focused CBT for Children and Adolescents: Treatment Applications for more information on tailoring TF-CBT to children's varying developmental levels and cultural backgrounds.**

THE ROLE OF EDUCATORS IN PREVENTING AND RESPONDING TO CHILD ABUSE AND NEGLECT

CONFRONTING CHILD AND ADOLESCENT SEXUAL ABUSE

SAGE Publications **Confronting Child and Adolescent Sexual Abuse** is the first text to examine the history, theory, treatment, and prevention of this complex phenomenon. With in-depth insights into the psychologies of victims, their families, and the perpetrators, this comprehensive text shows readers how to recognize the symptoms and impact of childhood sexual abuse, critically engage with the unique nature of each case, complete a thorough assessment, develop a treatment plan, and effectively intervene in critical situations. A national expert on child abuse and neglect and the author of numerous books and publications, Cynthia Crosson-Tower addresses a wide range of special topics and helps readers prepare for working in this challenging professional field. "This is sure to become the definitive 'classic' text in courses preparing students for competent practice with sexually abused children and adolescents."

—Barbara Nowak, Albany State University "This text opens with a history of sexual abuse, offers models for treatment and assessment and provides excellent insights into many of the major sexual abuse dynamics of our times. Finally we have a textbook that is very relevant for our times."

—Nancy DeCesare, Chestnut Hill College

A WOUNDED DEER

THE EFFECTS OF INCEST ON THE LIFE AND POETRY OF EMILY DICKINSON

Cambridge Scholars Publishing **What made Emily Dickinson the reclusive woman she was, and the dynamic poet she became? A Wounded Deer** concludes that her enigmatic poetry may have originated from a personal exposure to incest, and examines how she used her craft to make the transition from victim to survivor at a time when the medical profession failed to acknowledge any damage related to this event. Research into the Dickinson family background, evidence from letters and poems, and the testimony of people who knew the poet, indicate that she apparently displayed at least 33 of 37 "Incest Survivors' Aftereffects" from a diagnostic tool used internationally by many therapists; when a client exhibits over 25 of these behavior patterns sexual abuse is strongly suspected. The second section of the book deals with the three stage of recovery from complex post-traumatic stress, as outlined by trauma expert Judith Herman. Remarkably, Dickinson seems to have completed stages one and two, but was unable to complete stage three because she could not reconnect with the outside world. Writing was Dickinson's way of identifying the nature of her trauma, coming to terms with its impact, breaking the silence to inspire future women writers, and reconstructing a new persona-albeit from the sanctuary of her self-imposed isolation. The final section of *A Wounded Deer* examines what the poet might have discovered about sexual abuse from the literature she read, and how she

responded to this information in her own work. It discusses The Bible, Shakespeare, Byron, Hawthorne, (Charlotte) Brontë, (George) Eliot, and Barrett Browning. "A Wounded Deer is fascinating, clearly written, difficult to put down, and a must for Dickinson scholars, psychologists and anyone interested in psychological interpretations of literature." Marilyn Berg Callander, President-Elect of the Fulbright Association. "A Wounded Deer is well worth reading: its argument is clear, cogent and at times riveting. Although we will never know the truth of the poet's life, this study offers readers a very plausible suggestion of what may be at the core of Dickinson's "omitted center"." Maryanne Garbowsky, English professor at the County College of Morris (NJ) and Dickinson scholar "This is a "groundbreaking" book, a fascinating and revealing read." E. Sue Blume, LCSW, Diplomate in Clinical Social Work Author, *Secret Survivors: Uncovering Incest and Its Aftereffects in Women* (1990: Ballantine Books) "How many multitudes of women have been terrorized into silence, withholding the truth of their damning accusations rather than face their fear, condemnation and shame of incest. Emily allows her soul to reach over time and space to tell others tortured by life's tragedies that they are not alone, and doing so the poet triumphs." Sandra Bloom has served as President of the International Society for Traumatic Stress Studies, President of the Philadelphia Physicians for Social Responsibility, and Chair of the Task Force on Family Violence for the Attorney General. She is the author of two books.

GENTLING

A PRACTICAL GUIDE TO TREATING PTSD IN ABUSED CHILDREN

Loving Healing Press "Gentling" represents a new paradigm in the therapeutic approach to children who have experienced physical, emotional, and sexual abuse and have acquired Post Traumatic Stress Disorder as a result.

PREVENTING SEXUAL ABUSE

ACTIVITIES AND STRATEGIES FOR THOSE WORKING WITH CHILDREN AND ADOLESCENTS

ESSAYS IN THE HISTORY OF CANADIAN LAW

QUEBEC AND THE CANADAS

University of Toronto Press The essays in this volume deal with the legal history of the Province of Quebec, Upper and Lower Canada, and the Province of Canada between the British conquest of 1759 and confederation of the British North America colonies in 1867. The backbone of the modern Canadian provinces of Ontario and Quebec, this geographic area was unified politically for more than half of the period under

consideration. As such, four of the papers are set in the geographic cradle of modern Quebec, four treat nineteenth-century Ontario, and the remaining four deal with the St. Lawrence and Great Lakes watershed as a whole. The authors come from disciplines as diverse as history, socio-legal studies, women's studies, and law. The majority make substantial use of second-language sources in their essays, which shade into intellectual history, social and family history, regulatory history, and political history.

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THE INCEST DIARY

Bloomsbury Publishing An extraordinary, powerful and beautifully written memoir of a daughter's abuse by, and attachment to, her father. Throughout her childhood and adolescence, the anonymous author of *The Incest Diary* was raped by her father. Beneath a veneer of normal family life, she grew up in and around this all-encompassing secret. Her sexual relationship with her father lasted, off and on, into her twenties. It formed her world, and it formed her deepest fears and desires. Even after she broke away - even as she grew into an independent and adventurous young woman - she continued to seek out new versions of the violence, submission and secrecy she had struggled to leave behind. In this graphic and harrowing memoir, the author revisits her early traumas and their aftermath - not from a clinical distance, but from deep within - to explore the ways in which her father's abuse shaped her, and still does. As a matter of psychic survival, she became both a sexual object and a detached observer, a dutiful daughter and the protector of a dirty secret. And then, years later, she made herself write it down. With lyric concision, in vignettes of almost unbearable intensity, this writer tells a story that is shocking but that will ring true to many other survivors of abuse. It has never been faced so directly on the page.

VICTIMS AND SURVIVORS' OWN STORIES OF INTRAFAMILIAL CHILD SEXUAL ABUSE

Cambridge Scholars Publishing In the UK today, it is estimated that nearly one in twenty children are subjected to sexual abuse, with the overwhelming majority being abused within the family environment. However, despite its prevalence, intrafamilial child sexual abuse remains largely shrouded in silence, shame and stigma. Taking a phenomenological approach, this book presents ten retrospective first-person accounts from adult victims and survivors, exploring the impact of such abuse throughout the life course. These stories illustrate how child sexual abuse can cause trauma affecting almost every aspect of life: emotionally, psychologically, interpersonally, behaviourally and cognitively. However, they also demonstrate the remarkable resilience of the human spirit; of how adverse experiences can be lived with, processed, and assimilated. These accounts address a gap in what academics, practitioners and policy makers know about child sexual abuse; give victims and survivors a voice; and open up a conversation about one of the most enduring societal and cultural problems.

SILENTLY SEDUCED

WHEN PARENTS MAKE THEIR CHILDREN PARTNERS

Health Communications, Inc. When a parent singles out a child for special privileges and attention, that child is often unaware that the relationship is unhealthy even incestuous. As adults, these children struggle to feel validated, because while they have not been directly abused, they feel a sense of violation and crossed boundaries usually done in the name of 'love' and 'caring.' The parent's love feels more confining than freeing, more demanding than giving, more intrusive than nurturing. Yet these children suffer from what psychologist Kenneth Adams calls The Silent Seduction because there is nothing loving or caring about a close parent-child relationship that services the needs of the parent rather than the child.

TRAUMA AND RECOVERY

THE AFTERMATH OF VIOLENCE--FROM DOMESTIC ABUSE TO POLITICAL TERROR

Hachette UK In this groundbreaking book, a leading clinical psychiatrist redefines how we think about and treat victims of trauma. A "stunning achievement" that remains a "classic for our generation." (Bessel van der Kolk, M.D., author of *The Body Keeps the Score*). Trauma and Recovery is revered as the seminal text on understanding trauma survivors. By placing individual experience in a broader political frame, Harvard psychiatrist Judith Herman argues that psychological trauma is inseparable from its social and political context. Drawing on her own research on incest, as well

as a vast literature on combat veterans and victims of political terror, she shows surprising parallels between private horrors like child abuse and public horrors like war. Hailed by the New York Times as "one of the most important psychiatry works to be published since Freud," *Trauma and Recovery* is essential reading for anyone who seeks to understand how we heal and are healed.

THE CHILD PROTECTION HANDBOOK

THE PRACTITIONER'S GUIDE TO SAFEGUARDING CHILDREN

Elsevier Health Sciences Encompassing emotional, physical and sexual abuse, this volume offers a practical research-based account of the current principal developments in child protection practice.

WHY DOES HE DO THAT?

INSIDE THE MINDS OF ANGRY AND CONTROLLING MEN

Penguin In this groundbreaking bestseller, Lundy Bancroft—a counselor who specializes in working with abusive men—uses his knowledge about how abusers think to help women recognize when they are being controlled or devalued, and to find ways to get free of an abusive relationship. He says he loves you. So...why does he do that? You've asked yourself this question again and again. Now you have the chance to see inside the minds of angry and controlling men—and change your life. In *Why Does He Do That?* you will learn about: • The early warning signs of abuse • The nature of abusive thinking • Myths about abusers • Ten abusive personality types • The role of drugs and alcohol • What you can fix, and what you can't • And how to get out of an abusive relationship safely "This is without a doubt the most informative and useful book yet written on the subject of abusive men. Women who are armed with the insights found in these pages will be on the road to recovering control of their lives."—Jay G. Silverman, Ph.D., Director, Violence Prevention Programs, Harvard School of Public Health

DOES GOD BELONG IN THE BEDROOM?

Jewish Publication Society

THE BATTLE AND THE BACKLASH

THE CHILD SEXUAL ABUSE WAR

Free Press

QUEERING SEXUAL VIOLENCE

RADICAL VOICES FROM WITHIN THE ANTI-VIOLENCE MOVEMENT

Riverdale Avenue Books LLC Often pushed to the margins, queer, transgender

and gender non-conforming survivors have been organizing in anti-violence work since the birth of the movement. **Queering Sexual Violence: Radical Voices from Within the Anti-Violence Movement** locates them at the center of the anti-violence movement and creates a space for their voices to be heard. Moving beyond dominant narratives and the traditional “violence against women” framework, the book is multi-gendered, multi-racial and multi-layered. This thirty-seven piece collection disrupts the mainstream conversations about sexual violence and connects them to disability justice, sex worker rights, healing justice, racial justice, gender self-determination, queer & trans liberation and prison industrial complex abolition through reflections, personal narrative, and strategies for resistance and healing. Where systems, institutions, families, communities and partners have failed them, this collection lifts them up, honors a multitude of lived experiences and shares the radical work that is being done outside mainstream anti-violence and the non-profit industrial complex.

IMPACT OF CHILD SEXUAL ABUSE

A REVIEW OF THE RESEARCH

Ottawa, Ont. : National Clearinghouse on Family Violence **This article reviews studies that have tried to confirm empirically the effects of child sexual abuse cited in the clinical literature. In regard to initial effects empirical studies have indicated reactions of fear, anxiety, depression, anger and hostility, aggression and sexually inappropriate behaviour. Frequently reported long-term effects include depression and self-destructive behaviour, anxiety, feelings of isolation and stigma, poor self-esteem, difficulty in trusting others, a tendency toward revictimization, substance abuse and sexual maladjustment. The controversy over the impact of child sexual abuse is discussed and recommendations for future research efforts are suggested.**

TREATING NONOFFENDING PARENTS IN CHILD SEXUAL ABUSE CASES

CONNECTIONS FOR FAMILY SAFETY

SAGE **This book helps professionals to make informed, research-based assessments of risk, offering strategies for supporting and educating families within which sexual abuse has occurred. Without actually advocating reunification, the authors provide a unique approach for working with non-offending parents and partners who wish to work towards re-unification of the family.**

REPAIR YOUR LIFE

A PROGRAM FOR RECOVERY FROM INCEST AND CHILDHOOD SEXUAL

ABUSE

Loving Healing Press **R.E.P.A.I.R. is a Six-Stage Program for abuse survivors that will transform your life forever! Recognize and accept your adult problems stemming from childhood sexual abuse. Enter into a commitment to transform your life. Process your issues with tools and techniques that will enable you to become healthy. Awareness to discover reality as you gather and assemble the pieces of the broken puzzle your life became. Insight into the complete picture helps you begin to return to what you were prior to being sexually violated. Rhythm recovers the natural rhythm you had before the incest happened, the blueprint that is the essence of your true nature, becoming who you really are. Therapists' Acclaim for "REPAIR Your Life" "Thank you Marjorie and God bless you for adapting this program for our survivors to follow. You have given survivors hope to continue on their healing journey." -Donna Gustafson, Executive Director, Sunrise Center Against Sexual Abuse "Anyone wanting to recover from the life-long trauma of childhood sexual abuse will benefit from this book." - Marcelle B. Taylor, MFT "This program just has to work, because whether intuitively or through research, Marjorie McKinnon has assembled a highly effective program of recovery." -Bob Rich, PhD Please visit www.TheLampLighters.org for more information or to find a group in your area. Special editions available for young people: ask your bookseller for "REPAIR for Kids" and "REPAIR for Toddlers." Another life-changing title from Loving Healing Press www.LHPress.com SEL001530 Self-Help: Abuse - Sexual SEL029000 Self-Help: Twelve-Step Programs**

THE ABUSED AND THE ABUSER

VICTIM-PERPETRATOR DYNAMICS

Routledge **Severe abuse often occurs in settings where the grouping, whether based around a family or a community organisation or institution, outwardly appears to be very respectable. The nature of attachment dynamics allied with threat, discrediting, the manipulation of the victim's dissociative defences, long-term conditioning and the endless invoking of shame mean that sexual, physical and emotional abuse may, in some instances, be essentially unending. Even when separation from the long-term abuser is attempted, it may initially be extremely difficult to achieve, and there are some individuals who never achieve this parting. Even when the abuser is dead, the intrapsychic nature of the enduring attachment experienced by their victim remains complicated and difficult to resolve. This volume includes multiple perspectives from highly experienced clinicians, researchers and writers on the nature of the relationship between the abused and their abuser(s). No less than five of this international grouping of authors have been president of the International Society for the Study of Trauma and Dissociation, the world's oldest international trauma society. This book, which opens with a highly original**

clinical paper on 'weaponized sex' by Richard Kluft, one of the foremost pioneers of the modern dissociative disorders field, concludes with a gripping historical perspective written by Jeffrey Masson as he reengages with issues that first brought him to worldwide prominence in the 1980s. Between these two pieces, the contributors, all highly acclaimed for their clinical, theoretical or research work, present original, cutting edge work on this complex subject. This book was originally published as a double special issue of the Journal of Trauma and Dissociation.

MCNAE'S ESSENTIAL LAW FOR JOURNALISTS

Oxford University Press Precise and lucid in its treatment of practical detail, **McNae's Essential Law for Journalists** is the unrivalled handbook for students of journalism and professionals. Including pithy summaries, clear cross-references, and hands-on practical advice, McNae's meets the needs of busy journalists who need quick and reliable answers to the questions they face in their day-to-day work, while also providing students with authoritative coverage of key media law topics. Published in partnership with the National Council for the Training of Journalists as the elemental text for students, and widely used in newsrooms across the UK, McNae's continues to successfully distil the law and make it manageable. Online resources Comprehensive online resources accompany the text, including regular updates from the authors to keep readers abreast of the law. www.mcnaes.com

ISSUES IN INTIMATE VIOLENCE

SAGE This anthology explores a wide range of violence that commonly occurs in families and between intimates. Many articles offer a feminist perspective that addresses the gendered nature of violence and the consequences of power inequality in our society. A variety of violence topics are included: child abuse, incest, violence in heterosexual dating relationships, violence in gay and lesbian relationships, acquaintance rape, wife abuse and wife rape, and elder abuse.

CHILD SEXUAL ABUSE

A PRIMER FOR TREATING CHILDREN, ADOLESCENTS, AND THEIR NONOFFENDING PARENTS

Oxford University Press, USA Preceded by: **Treating sexually abused children and their nonoffending parents: a cognitive behavioral approach** / Esther Deblinger, Anne Hope Heflin. c1996.

MY ABSOLUTE DARLING

HarperCollins UK **A TIMES BOOK OF THE YEAR • A GUARDIAN BOOK OF THE YEAR • A METRO BOOK OF THE YEAR** 'The year's must read novel' The Times 'One of the most important books you'll pick up this decade'

Harper's Bazaar 'An outstanding book that could be this year's A Little Life'
Guardian

RAPE CULTURE AND RELIGIOUS STUDIES

CRITICAL AND PEDAGOGICAL ENGAGEMENTS

Rowman & Littlefield **Rape Culture and Religious Studies** explores how teachers and scholars in religion should respond to sexual violence and rape culture in classrooms, curriculums, and the community. The volume offers critical reflections and practical teaching strategies from leading experts working in a variety of institutional contexts and religious traditions.

ALLIES IN HEALING

WHEN THE PERSON YOU LOVE IS A SURVIVOR OF CHILD SEXUAL ABUSE

Harper Collins "But what about me?" "Is it possible to go one day without dealing with the survivor's issues?" "Will we ever make love again?" "Will the survivor love me in the end?" "How do I know if I should throw in the towel?" Based on in-depth interviews and her workshops for partners across the country, Laura Davis offers practical advice and encouragement to all partners—girlfriends, boyfriends, spouses, and lovers—trying to support the survivors in their lives while tending to their own needs along the way. She shows couples how to deepen compassion, improve communication, and develop an understanding of healing as a shared activity. Addressing partners' most important questions, **Allies in Healing** covers: **The Basics**—answers common questions about sexual abuse. **Allies in Healing**—introduces key concepts of working and growing together. **My Needs and Feelings**—teaches partners to recognize, value, and express their own needs. **Dealing with Crisis**—includes strategies for handling suicidal feelings, regression, and hopelessness. **Intimacy and Communication**—offers practical advice on dealing with distancing, control, trust, and fighting. **Sex**—provides guidelines for coping with flashbacks, lack of desire, differences in sexual needs, and frustration. **Family Issues**—suggests a range of ideas for interacting with the survivor's family. **Partners' Stories**—explores the struggles, triumphs, and courage of eight partners.

THE GOD OF SMALL THINGS

Penguin UK **Still**, to say that it all began when Sophie Mol came to Ayemenem is only one way of looking at it . . . It could be argued that it actually began thousands of years ago. Long before the Marxists came. Before the British took Malabar, before the Dutch Ascendancy, before Vasco da Gama arrived, before the Zamorin's conquest of Calicut. Before

Christianity arrived in a boat and seeped into Kerala like tea from a teabag. That it really began in the days when the Love Laws were made. The laws that lay down who should be loved, and how. And how much.

ABUSING RELIGION

LITERARY PERSECUTION, SEX SCANDALS, AND AMERICAN MINORITY RELIGIONS

Rutgers University Press **Sex abuse happens in all communities, but American minority religions often face disproportionate allegations of sexual abuse. Why, in a country that consistently fails to acknowledge—much less address—the sexual abuse of women and children, do American religious outsiders so often face allegations of sexual misconduct? Why does the American public presume to know “what’s really going on” in minority religious communities? Why are sex abuse allegations such an effective way to discredit people on America’s religious margins? What makes Americans so willing, so eager to identify religion as the cause of sex abuse? *Abusing Religion* argues that sex abuse in minority religious communities is an American problem, not (merely) a religious one.**

SOCIAL, PSYCHOLOGICAL, AND FORENSIC PERSPECTIVES ON SEXUAL ABUSE

IGI Global **Sexual abuse, a topic still struggling to break free of its social taboos, is an issue that must be addressed, assessed, and discussed in order to further efforts for prevention and treatment. *Social, Psychological, and Forensic Perspectives on Sexual Abuse* is an important resource that comprehensively examines the prevalence, assessment, causes, and impacts of sexual violence from cultural, legal, psychosocial, theoretical, and medical viewpoints. Discussing difficult but relevant issues including forensic assessment, legal ramifications, mental health, risk assessment, and effects on family life, this book is geared towards researchers, mental health professionals, clinicians, and special educators seeking current research on prevention, assessment, and rehabilitation in sexual abuse.**

CONNECTIONS WORKBOOK

SAGE Publications **This workbook accompanies *Treating Nonoffending Parents in Child Sexual Abuse Cases: Connections for Family Safety*. It features many useful checklists, illustrative diagrams, and spaces to record thoughts and feelings as the client works through the process.**

SUMMARY OF TRUDDI CHASE'S WHEN RABBIT HOWLS

Everest Media LLC **Please note: This is a companion version & not the original book. *Sample Book Insights: #1 Protective Services*, a branch of the Maryland Department of Health and Mental Hygiene, dealt with a variety of family ills, including child abuse. Doctor Robert Phillips, Jr. , a therapist,**

had been asked to help with the program for men who sexually abused their children. #2 There was a woman who had been caller #9, and she had told Mrs. Greenwood something else that she didn't know. The woman had gone to the town library, wanting to see if others had been victims like her. But the shelves were bare. #3 He interviewed many incest victims, and he knew the reservation they had about talking to him. He was careful to give them the privacy they needed. #4 The woman on the orange floor cushions told him that she had been treated for incest eight years ago, and that her marriage was in danger now because of it. She wanted to get on with her business and personal life.

THE COURAGE TO HEAL

A GUIDE FOR WOMEN SURVIVORS OF CHILD SEXUAL ABUSE

Random House Based on the experiences of hundreds of survivors & partners, this book profiles victims who share the challenges & triumphs of their personal healing processes. It offers mental, emotional & physical support to all those who are rebuilding their lives.

SECRET SURVIVORS

UNCOVERING INCEST AND ITS AFTEREFFECTS IN WOMEN

Focusing on the later manifestations of incest, this reference offers a diagnostic aftereffects checklist, suggestions for healthy, rather than neurotic, coping mechanisms, and therapeutic treatment strategies

THE EMOTIONAL INCEST SYNDROME

WHAT TO DO WHEN A PARENT'S LOVE RULES YOUR LIFE

Bantam From Dr. Patricia Love, a ground-breaking work that identifies, explores and treats the harmful effects that emotionally and psychologically invasive parents have on their children, and provides a program for overcoming the chronic problems that can result.

SIBLING SEXUAL ABUSE

A GUIDE FOR PARENTS

ADDRESSING ADVERSITY

PRIORITISING ADVERSITY AND TRAUMA-INFORMED CARE FOR CHILDREN AND YOUNG PEOPLE IN ENGLAND.

YoungMinds / Health Education England / Human-Experience / An edited collection of papers published by YoungMinds and funded by Health Education England. With 1 in 3 adult mental health conditions related directly to adverse childhood experiences, it is vital that we understand the impact

that adversity and trauma can have on the mental health and wellbeing of young people, and how we can strengthen resilience and support recovery. Addressing Adversity presents evidence, insight, direction and case studies for commissioners, providers and practitioners in order to stimulate further growth in adversity and trauma-informed care, and spark innovation and good practice across England. Section 1: Understanding adversity, trauma and resilience includes evidence and analysis of the impact that adverse childhood experiences and trauma have on children and young people's mental health and wider outcomes across the lifecourse. Section 2: Addressing childhood adversity and trauma includes insights from the NHS in England, organisations and clinicians working with children and young people who have experienced forms of adversity and trauma. Section 3: Emerging good practice includes insight, case studies and working examples of adversity and trauma-informed service models being developed across England. The collection ends with an agenda for change, calling on all Directors of Public Health, commissioners and providers to make adversity and trauma-informed care a priority in their locality.

TOXIC PARENTS

OVERCOMING THEIR HURTFUL LEGACY AND RECLAIMING YOUR LIFE

Bantam **BONUS:** This edition contains an excerpt from Dr. Susan Forward's *Men Who Hate Women and the Women Who Love Them*. When you were a child... Did your parents tell you were bad or worthless? Did your parents use physical pain to discipline you? Did you have to take care of your parents because of their problems? Were you frightened of your parents? Did your parents do anything to you that had to be kept secret? Now that you are an adult... Do your parents still treat you as if you were a child? Do you have intense emotional or physical reactions after spending time with your parents? Do your parents control you with threats or guilt? Do they manipulate you with money? Do you feel that no matter what you do, it's never good enough for your parents? In this remarkable self-help guide, Dr. Susan Forward drawn on case histories and the real-life voices of adult children of toxic parents to help you free yourself from the frustrating patterns of your relationship with your parents -- and discover an exciting new world of self-confidence, inner strength, and emotional independence.

GHOSTS IN THE BEDROOM

A GUIDE FOR THE PARTNERS OF INCEST SURVIVORS

Simon and Schuster **LI>**As the partner of an incest survivor, do you feel like a neglected victim even though your life has been drastically affected by the aftermath of sexual abuse? Do you feel left out in the cold as you watch them go through recovery? Do you feel isolated or rejected, and think that no one else will understand your problems? Although the impact of incest or sexual abuse can destroy relationships and test long-standing

commitments, the information in this book may be the key to holding your relationship together through the journey to recovery. Ghosts in the Bedroom provides comfort and guidance for partners in the process of recovery. Graber draws from personal experience to show how partners can accept responsibility for their own issues, support the recovery of the incest or sexual abuse survivor and work toward solving relationship problems together.