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KEY=KIDS - SULLIVAN KAYLEY

COOKERY BOOK FOR GIRLS

THE INTERNATIONAL COOKBOOK FOR KIDS

Marshall Cavendish Offers sixty classic recipes from Italy, France, China, and Mexico as well as cooking terms and safety tips.

BETTY CROCKER'S COOKBOOK FOR BOYS AND GIRLS

FACSIMILE EDITION

Betty Crocker Betty Crocker's classic cookbook for children is back-in an authentic reproduction of the original 1957 edition A whole generation of Baby Boomers grew up with Betty Crocker's Cookbook for Boys and Girls, and they have helped to make it the one of the most requested titles in the Betty Crocker archives. Now back by popular demand, this timeless favorite stands ready to capture the hearts of a new generation of budding cooks. Packed with recipes that are just as popular with kids today as they were 45 years ago, it shows how to make everything from Ice Cream Cone Cakes and Pigs in Blankets to Cheese Dreams and Sloppy Joes. The small format, easy recipes, charming color illustrations and photographs, and even the cover, are all the same as they were in the 1957 edition-and just as delightful as ever. The only innovation is the concealed wire binding that lies flat for easy cooking while being sturdy enough to withstand energetic handling by kids in the kitchen. It's the ideal book to give or to keep, for retro appeal, and for getting today's kids started in the kitchen.

BETTY CROCKER KIDS COOK

Houghton Mifflin Harcourt Whether starting from scratch with the basics of measuring and kitchen safety or creating a meal for the family, Betty Crocker Kids Cook is both teacher and creative outlet. Betty Crocker has been helping kids in the kitchen since 1957 with the publication of Betty Crocker's Boys and Girls Cookbook. Betty CrockerKids Cook provides the same blend of teaching and creativity, helping today's kids learn to cook and have fun at the same time. The book has 66 I-want-to-make-that recipes, plus engaging illustrations and photos of each recipe that blend whimsy and practicality. The book covers Breakfast, Lunch, Snacks, Dinner and Desserts as well as kitchen essentials, including cooking safety and nutrition basics. This is the book that will teach kids to feel comfortable in the kitchen, whether assembling a healthy snack like Strawberry-Orange Smoothies or whipping up a dinner of Impossibly Easy Mini Chicken Pot Pies with Fresh Fruit Frozen Yogurt Pops for dessert.

A FIRST COOKBOOK FOR CHILDREN

Courier Corporation Helpful introduction includes a basic list of necessary ingredients and equipment, cooking hints, and sample menus. Total of 60 recipes: pizza, hamburgers, salads, cookies, cakes, macaroni and cheese, and much more.

AMERICAN GIRL SUMMER TREATS

REFRESHING RECIPES FOR CUPCAKES, COOKIES, ICE POPS & MORE

Weldon Owen The tenth book in the bestselling series from American Girl, American Girl Summer Treats features over 50 kid-friendly recipes for cakes, cupcakes, cookies, pies, tarts, and icy treats for enjoying during the summer months. From Mermaid Ice Cream Pops and Frozen Lemonade to Watermelon Cake and Day-at-the-Beach Cupcakes, American Girl Summer Treats offers an enticing collection of delicious baked goods and cool sweets that take full advantage of all the seasonal fruits and dessert trends of the summer months. The more than 50 inspiring recipes appeal to young chefs of all experience levels with easy-to-follow step-by-step directions, gorgeous full-color photography, helpful cooking tips, and ideas for serving and preparation. Included are no-fail instructions for mixing the perfect pie pastry, helpful cooking decorating techniques for a summer cookie plate, and how to make ice cream from scratch. Whether you want to celebrate the 4th of July, cool off with a poolside Piña Colada, or throw an ice cream party, this book will inspire you to make the most of any summer's day.

PILLSBURY KIDS COOKBOOK

FOOD FUN FOR BOYS AND GIRLS

Wiley Cooking is child's play! Bunny Rabbit Pancakes? Hot Diggity Dog Pizza Boats? Jiggly Fruit Salad? Now you can make them all--and lots more! This fun and friendly cookbook is bursting with great eats everybody will love, plus all the basic how-to's and tips every young cook needs. Rise and shine breakfasts fruity favorites and fresh-baked treats A bunch of great lunches fingerlicking sandwiches and more Scrumptious suppers and sides dinners that will "wow" your parents Tasty tidbits and snacktime bites perfect for weekends or after school Festive party food including Halloween, afternoon tea and slumber parties Awesome desserts super sweets like Night Crawler Cupcakes and Frozen Brownie Sundaes Easy-cooking features "Tools You Need" list for each recipe; clear how-to instructions; color photo of each recipe; "Adult Helper" icons; safety information and more For more great recipes visit Pillsbury.com

KIDS CAN COOK

VEGETARIAN RECIPES

Vegetarian Recipes Kitchen-Tes A collection of meatless recipes to use in preparing a variety of meals as well as party foods.

KIDS COOKBOOK

KIDS COOKBOOK COOKBOOK FOR KIDS BLANK BOOK FOR THE FAVORITE RECIPES MENU BOOK AND NOTEBOOK TO WRITE YOUR OWN RECIPES IN, RECIPE JOURNAL, KIDS FRIENDLY COOKBOOK TIME FOR KIDS TO COOK. (YOUNG GIRL)

Blank cookbook for kids 118 pages size 6*9 inches to write in the favorite recipes and menus together with directions of how to cook on your own style. It's convenient to bring along this book anywhere & anyplace. You are able to create your own cooking idea in this blank book or more methods of cooking with the same ingredients. Relaxation while cooking with this blank cookbook and enjoy family life. This is the perfect gifts for your family members, friends and others.

THE AMERICAN GIRLS COOKBOOK

A PEEK AT DINING IN THE PAST WITH MEALS YOU CAN COOK TODAY

Amer Girl Pub Describes the preparation and serving of foods during three time periods in American history: 1854, 1904, and 1944. Includes recipes for breakfast, lunch, and dinner meals.

MERINGUE GIRLS COOKBOOK

Random House Cupcakes, cake pops and macarons have had their day, now is the age of the meringue! With rainbow colours and Willy Wonka flavours, the Meringue Girls put a new twist on a classic. Their simple, gluten free, melt-in-the-mouth meringue recipes are perfect for gifts, kids and indulgent dinner parties. Chapters include: - gorgeous colourful meringue recipes - summery desserts like pavlova - wintery puddings like meringue crumble - gift, wedding and kids ideas - Using your yolks - tips and techinques This is the first cookbook to use Augmented Reality to unlock interactive video content. Simply follow the intructions in the book to access informative and fun demo videos by the girls on your smartphone.

MY FIRST COOKBOOK

FUN RECIPES TO COOK TOGETHER . . . WITH AS MUCH MIXING, ROLLING, SCRUNCHING, AND SQUISHING AS POSSIBLE!

America's Test Kitchen From the creators of NYT Bestseller The Complete Cookbook for Young Chefs, America's Test Kitchen and an army of kid recipe testers, this awesome new

cooking collection will get 5 to 8 year olds (and their grown-ups!) into the kitchen doing fun food projects together! My First Cookbook will inspire the youngest chefs to enter the kitchen, empower them to cook, and engage their creativity--plus they'll have fun doing it. From simple after-school snacks, family meals, and holiday celebration recipes, each beginner recipe is developed by America's Test Kitchen Kids before being kid-tested and kid-approved.

BOYS' COOKBOOK

A brand new cookery book for boys Makes a great gift, with delicious and delightful recipes Wiro-bound format; perfect for easy use Photograph of every complete recipe, helpful tips and short, easy-to-follow instructions

BETTY CROCKER COOKBOOK

John Wiley & Sons A special new edition of the best-selling cookbook features a special heart-healthy section that reveals how to cut bad fats and cholesterol in meals, reduce stress, maintain healthy weight, quit smoking, and control heart disease risk factors, along with more than one thousand classic and contemporary recipes, nutritional breakdowns, how-to guidelines, cooking tips, and hints for menu planning and entertaining.

TEENS COOK

HOW TO COOK WHAT YOU WANT TO EAT [A COOKBOOK]

Ten Speed Press Cooking for teens, like finding the perfect gift for teen boys and girls, is almost impossible. Teenagers like what they like, and they will only eat what they like. But instead of causing mealtime strife, now they can learn to cook those foods themselves. With over 75 delicious recipes for meals at all times of the day—breakfast, snacks, sides, dinners, and dessert, too—Teens Cook is a guide to everything teenagers (and tweens) need to learn about conquering the kitchen without accidentally setting the house on fire. Written by teens and for teens in easy-to-follow instructions, authors Megan and Jill Carle give young readers advice on how to maneuver their kitchen in a language they'll understand (and actually listen to). The Carle sisters pass on their knowledge of how to decipher culinary vocabulary, understand kitchen chemistry (why stuff goes right and wrong when cooking), adapt recipes to certain dietary restrictions (like vegetarianism), and avoid all sorts of possible kitchen disasters. Teens Cook is not only a fantastic teen gift—it's the perfect cookbook to inspire young adults to take interest in their diets, and empower them to try a new and tasty hobby.

BAKING ON HER OWN: A SKILL-BUILDING COOKBOOK FOR GIRLS

Girl-powered baking--a challenging girls cookbook for ambitious bakers ages 8 to 12 Help young pastry pioneers take their baking skills to the next level. With this girls cookbook as a guide, they'll explore more than 30 different sweet treats to make from scratch--with only a little help from an adult. Some of them are easy, and some take a little more practice, but all of them are fun, delicious, and designed for curious kids to try. From cakes and cookies to custard and cream, every recipe will teach budding bakers new skills while they whip up delightful confections to share with friends and family. This girls cookbook lets aspiring young chefs: Start with the basics--Kids will learn tricks like how to crack an egg, whip cream into fluffy peaks, test if baked goods are done, and helpful baking lingo. Test their skills--Every chapter ends with an extra-challenging recipe so kids can put what they've learned to the test. Go beyond baking--Practicing the art and science of baking with this girls cookbook helps kids gain the knowledge, confidence, and creativity to take on other projects that inspire them. Give kids 8-12 the guidance they need to work independently in the kitchen with this exciting girls cookbook.

CUPCAKE COOKBOOK FOR KIDS

Rockridge Press A deliciously easy cupcake cookbook kids will love Cupcakes are some of the most magical, mouthwatering baked goods--but you don't need fancy equipment or tons of experience to make these fun, frosted treats from scratch. Cupcake Cookbook for Kids gives budding bakers everything they need to become a master cupcake maker, packed with foolproof baking tips, handy decorating techniques, go-to frostings, and easy-to-follow cupcake and frosting recipes. This cupcake cookbook offers plenty of guidance on baking and decorating the perfect cupcake. Try your hand at classic staples like Rich Chocolate Cupcakes before leveling up with more advanced fun-filled cupcakes such as Butterbeer Cupcakes with Butterscotch Frosting. Celebrate by wowing your friends with birthday-themed Melting Ice Cream Cones or getting in the holiday spirit with Going, Going, Gone Snowmen. The Cupcake Cookbook for Kids includes: Outside the box--This cupcake cookbook helps you ditch the premade mixes and learn the ropes of baking cupcakes entirely from scratch, including all the tools, tricks, terminology, and safety tips you'll need. Delight in every bite--You'll find recipes for 40 yummy cupcakes in this cupcake cookbook, ranging from fun classics to more unique advanced cupcakes, with "Ask an Adult" tips if you need extra help. Sprinkle of magic--Get to know your piping bag with 10 recipes for fluffy buttercream or smooth glazes, before topping them off with whimsical decorations. With the Cupcake Cookbook for Kids, you can satisfy your sweet tooth with creative, delightfully decorated cupcakes made by you.

ILLUSTRATED STEP-BY-STEP BAKING COOKBOOK FOR KIDS AND TEENS

60 EASY AND DELICIOUS RECIPES

We created this book for children, but we recommend it for adults as well. It's for those who don't like to read boring bricks of text but prefer to get right down to business, learning skills as they go. You won't find a book easier to use than this one. Not only does it have illustrated recipes for delicious dishes with concise, detailed descriptions, but it also has important information about the basics of baking that we've simplified and illustrated. The recipes have been tested by many people. We've chosen the best ones. Recipes that have received the highest ratings. Meticulously tested and proven. Only popular and very tasty dishes. The dishes are varied, taken from different cuisines. Sweet and savory, festive, and healthy, vegan and even meat. You'll find both familiar classics and exotic new recipes. Most of them are sweet and sure to please children. Different baking techniques are used to teach and develop your child's key kitchen skills. Simple, but not primitive. Easy to make. Recipes are broken down into 3 categories of difficulty, but even the most difficult ones are manageable for a child. Most recipes require 3 to 10 ingredients. Don't require gourmet ingredients. Chances are you already have everything you need, or you can find it at the nearest supermarket, regardless of the country you live in. In addition, there are substitution options for many of the ingredients. Most recipes require only the most basic cooking utensils. And even for those, there are substitution options: no microwave -- make a water bath; no mixer -- use a whisk. Not just recipes. The book will teach your kids the basics of baking. It's as easy as 1 - 2 - 3. Your child will not be confused. The book contains illustrated instructions on every necessary step: from washing their hands before they start to cleaning up after themselves afterward. A clearly illustrated safety manual that your child won't skip. It's clear and simple enough to grasp after one read-through. The book introduces key baking terminology in a simple, visual way. It's better to show with a picture what "knead" or "grease" means than to explain in words. Not only can a child cook the chosen dish easily, he or she will find an interesting fact about it at the end of the recipe. This book can serve you for a lifetime! Even a 4-year-old child can understand the book, because it illustrates in detail absolutely every action, ingredients, and even tools. Children will love the fun illustration style and the cute, friendly kitten character. Simple, short, but comprehensive comments on the steps will be easily understood by an older child. Even adults will enjoy using this book. The recipes here are versatile, and the information is instantly readable. These recipes aren't just for once. They are suitable for many different situations, from Christmas or birthdays to an everyday breakfast or picnic. You'll want to cook them again and again! The book is very easy to navigate. The ingredient quantities are given in both metric and imperial systems at a glance. It has the Cooking Time Index and the Occasion Index. Steps which might require adult supervision are marked with a special red icon. Each recipe has a notes page where you can rate the recipe, make adjustments, and write in personalized options. This large, bright, and beautiful 467-page book makes a great gift. There is a bonus coloring page included absolutely free for kids of all ages to enjoy. Pick up your copy today and get your kids excited about baking!

THE BEST EVER BAKING BOOK

HOW TO BAKE DELICIOUS THINGS TO EAT

Dorling Kindersley Ltd Bake your cake and eat it too! From cherry pies to rainbow cupcakes, this is the perfect book for young bakers. Jane Bull's brilliant children's book hits the sweet spot between recipes that are fun and easy and treats that are colourful and tasty. You'll keep coming back for s'more! The Best Ever Baking Book makes it easy for kids to learn basic baking skills like how to crack open an egg, melt chocolate and knead dough. It shows them how to whip up more than 10 delicious baked treats, along with the methods, equipment and terminology used in making them. Each recipe comes with easy-to-read instructions and adorable, step-by-step illustrations that will guide you and your little baker along the way. Heat up the oven and start making treats like chocolate chunk cookies, monkey bread and upside-down pudding! This kid's cooking book includes fun tips and tricks on how to decorate your baking masterpieces. The kitchen rules section will teach your child about working in the kitchen, including all the safety guidelines to follow. Ready. Set. BAKE! The Best Ever Baking Book invites you to put your best whisk forward and create yummy treats for the whole family. With pictures for every recipe, step-by-step instructions, and large text that's easy to read, this cookbook will get your kids baking up a storm in no time. Inside the pages of this baking book, you'll learn how to bake delicious things to eat and more: - Explore more than 10 easy-to-follow, step-by-step recipes. - Learn how to beat, whisk, fold in, and knead. - Discover helpful tips on how to stay safe in the kitchen.

THE COOKIE COOKBOOK

Publications International This adorable cookbook is a great gift for any cookie lover or cookie baker.- TGT

ULTIMATE CHILDREN'S COOKBOOK

Dorling Kindersley Ltd A bumper collection of over 100 delicious recipes guaranteed to inspire any kid in the kitchen, in eBook format From fruit smoothies and chicken wraps to cupcakes, encourage your child to cook up delicious snacks, main courses, biscuits, breads, cakes and mouth-watering treats with this bumper collection of recipes. Easy-to-follow, full colour, step-by-step instructions make sure creations turn out exactly as they should and top tips and advice on preparation and cooking will help budding chefs become creative cooks! With so many recipes to create there's something to tickle everyone's palate!

MUMMY AND ME COOKBOOK

Dorling Kindersley Ltd Get cooking with your child and make tasty, healthy food with child nutrition expert, Annabel Karmel Cooking and eating together are great for encouraging kids to eat healthily! Annabel Karmel shows how you can create all kinds of lip-smacking finger food with your child that's good for them, too. Step-by-step photos show you (and them) exactly what to do and will help your child develop basic cookery skills: from weighing and counting to mixing and rolling, while you take care of the sharp knives and hot ovens. From munchy oat bars and lettuce boats to perfect party treats, this is food that's yummy and good for any size tummy. Whatever you cook up, it will be as much fun to make as it will be to eat.

KIDS COOK 1-2-3

Bloomsbury Publishing USA "More than 125 recipes, how-to tips, and illustrated for kids."--From source other than the Library of Congress

MERINGUE GIRLS

INCREDIBLE SWEETS EVERYBODY CAN MAKE

Chronicle Books Discover the next big thing in desserts: "These recipes are what dreams are made of." —Jamie Oliver In this essential guide to delicious and pretty (not to mention low-fat and gluten-free) meringues, more than sixty creative recipes are paired with inspiring photographs by renowned food photographer David Loftus. A basic meringue mixture is spun into tasty and colorful confections, from simple kisses to lemon tarts topped with glamorously bronzed peaks. A chapter on using up leftover egg yolks in luscious sauces and curds rounds out this compelling cookbook. From weekend dabblers to experts obsessed with technical perfection, bakers of every skill level will be sweet on Meringue Girls.

UNICORN COOKBOOK

Summersdale Publishers LTD Add a pinch of sparkle and decorate with an abundance of glitter to create your ultimate unicorn foodie experience. The magical realm of the mighty unicorn comes to life in this dazzling cookery book brimming with sparkles and rainbows. From the magical explosion cake to happiness pancakes, The Unicorn Cookbook is packed with recipes perfect for parties and times when all you want to do is spread some joy and release your inner unicorn.

MATILDA & THE RAMSAY BUNCH

TILLY'S KITCHEN TAKEOVER:

Hachette UK Inspired by the third series of hit BBC cookery show Matilda & The Ramsay Bunch and the family's adventures around California, comes the first cookbook from Tilly Ramsay, including 60 simple, delicious recipes and nourishing recipes to make at home for family and friends - plus tips and tricks from Tilly's superstar chef dad, Gordon. Start your day the Tilly way, with a nourishing Smoothie Bowl, followed by some Vitamin Packed Power Balls for a late morning pick-me-up. Cool down mid-afternoon with a Fro-Yo Cooler, followed by some Lean Machine Chicken and Super Light Raspberry Macaroons. Impress all your friends with a Green Goodness Picnic or throw a fun-filled Ramsay-style Feast of Pulled Pork and Smokey American Beans, with Surprise Rainbow Cake and Hollywood Raspberry Fizz for dessert! The book will encourage Tilly's fans, tweens & teens to start cooking and have some fun with easy-to-follow recipes, that can be enjoyed by all. Chapters will include: Brunch; Sleep-over Feasts; Cook Your Own Dinner; Health Kick; Big Bakes.

THE KIDS ONLY COOKBOOK

An international bestseller, The Kids Only Cookbook is packed with over 50 simple, delicious and fun recipes containing easy-to-follow captions and 300 photos in a unique cartoon-strip style to inspire children of all ages to get busy in the kitchen. Original and creative projects will capture kids' imaginations, such as the paper bag breakfast of a bacon and egg sandwich in a paper bag cooked on a barbecue. The kick'n'roll tin can ice cream is bound to be the project of the summer: pack a large tin can with ice and rock salt, insert a sealed ziplock bag containing cream, sugar and vanilla and kick it to the park or the beach...within 25 minutes...homemade ice cream! Kids will also learn as they go along; each recipe contains a culinary technique such as beating, whipping, piping or baking and 'Adult alerts' appear throughout the book and ensure the recipes are all easy and safe to make. This is a book which will become treasured as it helps children to discover the endless fun to be had in the kitchen and to learn skills which will stay with them for life.

HOW-TO COOKBOOK FOR KIDS

50 EASY RECIPES TO LEARN THE BASICS

Rockridge Press Help kids ages 8 to 12 learn to cook their favorite dishes--and discover new ones! Involving kids in the kitchen can help them better appreciate food, broaden their tastes, and, most importantly, have fun! This introductory kids' cookbook features simple directions and a full range of tasty recipes perfect for new cooks. They'll be ready to whip up their own breakfasts, lunches, dinners, and snacks in no time--all while building the essential kitchen skills they'll need as they grow. This cookbook for boys and girls features: Kid-approved recipes--This book gets them started on the joy of food with healthier takes on kid-friendly classics, like burgers, pizza, tacos, mac and cheese, waffles, and more. Child-friendly guidance--Directions are straightforward and detail every part of the process, ensuring kids know what they need to do at each step. Core cooking skills--Kids will learn how to stay safe in the kitchen, read recipes, measure and mix ingredients, use a knife, and more. Help kids serve up their own healthy and flavorful meals with The How-To Cookbook for Kids.

WHAT'S COOKING?

A COOKBOOK FOR KIDS

Disney Press Kids can be the big cheese in the kitchen with this cookbook of kid-friendly, Ratatouille-inspired recipes. The concealed wire binding allows the book to lie flat for ease of use while preparing such fun dishes as Remy's Famous Omelets and Emile's Sewer Sandwiches. This silly cookbook is sure to please...down to the last crumb!

CHILDREN'S BOOK OF BAKING CAKES

Usborne Books A book full of delicious ideas for baking and decorating a huge variety of yummy cakes. Instructions for decorating techniques and recipes for different icing and topping recipes help make each tasty treat look like it's straight out of the baker's.

MANY HANDS COOKING

AN INTERNATIONAL COOKBOOK FOR GIRLS AND BOYS

Ty Crowell Company Recipes from forty different lands including menu ideas, a list of terms, and other reference material.

COOKING WITH CHILDREN

FIFTEEN LESSONS FOR CHILDREN, AGE 7 AND UP, WHO REALLY WANT TO LEARN TO COOK

Knopf A practical guide for parents explains how to teach young children the art of cookery, offering tips on how to master essential culinary techniques and create thirty-five favorite recipes. 50,000 first printing. \$50,000 ad/promo. Tour.

GOD'S FEMINIST MOVEMENT

REDEFINING A "WOMAN'S PLACE" FROM A BIBLICAL PERSPECTIVE

Destiny Image Publishers Experience True Liberation by Seeing Your Beauty, Femininity, and Freedom From Heavens Point of View Has Christianity kept women trapped in the stone age? In many ways, yes; but this is not by Gods design. As society offers women opportunities to explore outer-space and govern nations, the church often stifles and limits them. The tide is changing, though. Amber Picotas Gods Feminist Movement is a new covenant manifesto calling women to embrace their true identity in Christ and fulfill their destiny as revolutionaries who shape the course of history with the Kingdom of God. There is a powerful new feminist movement emerging in the body of Christ. Its not politically driven and its not being championed by an uprising of angry man-haters. Based on an intense study of Scripture, factoring in historical and contextual hermeneutics and original languages, Picota shares a practical, non-legalistic, and non-traditional (yet deeply Biblical) look at topics that women commonly face, such as: Dating and Modesty Female Leaders in the Church Submission in Marriage Beauty and Self-Image Celebrate the power and beauty of womanhood. God has given you permission to change the world by being you! Break off religious traditions that keep women trapped in old school legalism and move beyond Christian clichs that minimize a womans true position in Christ!

LEARN TO BAKE

Ryland Peters & Small Learn how to make tasty dishes that teach simple baking skills with these 35 brilliant recipes.

SOUTHERN LIVING: KIDS COOKBOOK

124 RECIPES KIDS WILL LOVE TO MAKE AND LOVE TO EAT

Oxmoor House Provides easy-to-follow instructions to prepare over one hundred recipes for any meal, and includes information on preparing ingredients, reading measurements, and knife safety.

COOKBOOK FOR GIRLS

DK Publishing (Dorling Kindersley) Features more than fifty dishes for making with friends, serving at parties, and learning all about the kitchen, and includes craft projects designed to help young hostesses serve up their culinary achievements in style.

PINCH OF NOM

100 SLIMMING, HOME-STYLE RECIPES

Pan Macmillan **THE #1 FASTEST SELLING NON-FICTION BOOK IN THE UK** Slimming food has never tasted so good; the must-have first cookbook from the UK's most visited food blog. Sharing delicious home-style recipes with a hugely engaged online community, Pinch of Nom has helped millions of people to cook well and lose weight. The Pinch of Nom cookbook can help novice and experienced home cooks enjoy exciting, flavourful and satisfying meals. Accessible to everyone by not including diet points, all of these recipes are compatible with the principles of the UK's most popular diet programmes. There are a hundred incredible recipes in the book, thirty-three of which are vegetarian. Each recipe has been tried and tested by twenty Pinch of Nom community members to ensure it is healthy, full of flavour and incredibly easy to make. Whether it's Cumberland Pie, Mediterranean Chicken Orzo, Mexican Chilli Beef or Chicken Balti, this food is so good you'll never guess the calorie count. This book does not include 'values' from mainstream diet programmes as these are everchanging. Instead the recipes are labelled with helpful icons to guide you towards the ones that suit you best - whether you're looking for something veggie, fancy a fakeaway, want to feed a family of four or have limited time to spare. Kate Allinson and Kay Featherstone owned a restaurant together in The Wirral, where Kate was head chef. Together they created the Pinch of Nom blog with the aim of teaching people how to cook. They began sharing healthy, slimming recipes and today Pinch of Nom is the UK's most visited food blog with an active and engaged online community of over 1.5 million followers. Showing that dieting should never be a barrier to good food, Pinch of Nom is the go-to home cookbook for mouthwatering meals that tick all the boxes.

VEGETARIAN COOKBOOK FOR TEENS

100 FUN RECIPES TO COOK LIKE A PRO

Rockridge Press Be good to your body, animals, and the planet--vegetarian cooking for teens Whatever your reason for exploring vegetarian cooking--your love of animals, reducing your carbon footprint, or the variety of health benefits--the Vegetarian Cookbook for Teens will show you that meatless cooking goes way beyond a life of sprouts and salads. In fact, vegetarian cooking can be fun, easy, flavorful, and lead to a lifetime of wellness. This cookbook for teens is filled with delicious recipes like Sweet Walnut Apple Salad and Avocado Chickpea Pasta Bowl that will help teens gain confidence in the kitchen, regardless of experience, with step-by-step guidance. From how to create a savory breakfast burrito in five minutes flat, to how to simmer up a hearty vegetarian chili with your own creative twist, these delicious creations may even encourage your parents, siblings, and friends to move to more of a vegetarian lifestyle. Inside the Vegetarian Cookbook for Teens you'll find: New chefs welcome--Do you know the difference between boiling and simmering or what tools you'll need?--You will now. Naturally yummy--Discover 100 recipes that are made up of wholesome and natural ingredients yet never sacrifice taste. Earth-healthy--This cookbook for teens includes interesting facts about vegetarian nutrition, including how a plant-based diet helps the environment. Take control of what's going into your growing body with the Vegetarian Cookbook for Teens.

KID'S COOKBOOK

Designed for kids age 9 and up, this full-course cookbook is packed with kid-friendly recipes, great photos, and easy-to-follow instructions.

COOKING AROUND THE COUNTRY WITH KIDS

USA REGIONAL RECIPES AND FUN ACTIVITIES

Kids will celebrate America's diversity with these kid-friendly recipes, learning activities, and food history. They get to engage with the history of the U.S. through food, where it is grown, and how to prepare it. This is a natural extension to many areas of the school curriculum and a go-to cookbook for the family.
