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KEY=HERBAL - BLAZE SIENA

Herbal Treatment of Anxiety

Clinical Studies in Western, Chinese and Ayurvedic Traditions

CRC Press Herbal Treatment of Anxiety: Clinical Studies in Western, Chinese and Ayurvedic Traditions explains the nature and types of anxiety, its neurobiology, the pathophysiology that exacerbates and perpetuates it, and the psychopharmacology of the chemical agents that relieve its manifestations. Throughout the text are discussions of Western, Chinese and Ayurvedic herbal treatments that have been clinically shown to be effective in relieving anxiety. The book also features a scientific discussion of the use of herbs and essential oils in aromatherapy and the mechanisms by which they may work. The book concludes by providing bases upon which herbs can be chosen to treat the anxiety of patients according to their individual needs. Additional features include: Examines the increasingly popular subject of the use of herbs as a natural alternative treatment and provides a much-needed scientific basis for treatments often considered as merely "folk medicine." Discusses the psychoactive phytochemicals contained in herbs. Includes a chapter discussing the nature and mechanisms of action of adaptogens. Adds to the armamentarium of anxiolytics for providers who have become reluctant to prescribe benzodiazepines as treatment of anxiety, particularly in the context of the opiate crisis. Gives an introduction to herbal treatments of traditional Chinese and Ayurvedic medicine. Offers practical advice on initiating and managing herbal treatments. Herbal Treatment of Anxiety is a valuable reference for psychiatrists, psychiatric nurse practitioners, primary care providers, naturopathic doctors and therapists interested in the most current scientific information on the effects of herbal treatments of anxiety disorders.

Cumulated Index Medicus

Case Studies for Complementary Therapists

A Collaborative Approach

Elsevier Australia This book provides support at curriculum level for developing the complementary potential which exists between complementary and conventional western medicine. It provides students, teachers and practitioners with a framework within which they can effectively analyse and classify the extensive amount of information gathered in a CAM consultation and help them develop effective and appropriate treatment programmes within the time constraints of a busy clinic. It provides an insight into the initial CAM consultation process, offering possible treatment and collaborative referral options for indi

China's Transformation

The Success Story and the Success Trap

SAGE Publishing India The book provides insights into the economic and social transformation that China has undergone from 1979 to the present. Based on the author's research in China for over three decades, *China's Transformation: The Success Story and the Success Trap* shows how its 'reform and open door' policy evolved and helped achieve tremendous economic success. However, it also generated serious social and environmental problems. The book presents that the consequences of this success story of growth are so strong that it has been difficult for China to change its main development path to achieve a desirable level of equity and sustainability. The author describes this as the 'success trap' that China is currently grappling with. The author argues that China's reform path is grounded in the premises of the European Industrial Revolution backed by strong sociopolitical forces at home, indicating that a major change in the development path is unlikely. However, all indications point to a strong and prosperous China as a rising world power in the coming decades, trying to cope with the sociopolitical problems in its own way.

Far Eastern Economic Review

Asia's premier business magazine. The magazine reports on politics, business, economics, technology and social and cultural issues throughout Asia, with a particular emphasis on both Southeast Asia and China.

Hematological Malignancies in Children, Adolescents and Young Adults

World Scientific Bringing together intellectual and scientific experts from pediatrics, adolescent medicine, general medicine, pathology, biology, nursing and psychology, this book is the first of its kind to cover the topics of leukemias and lymphomas in young patients ranging from infants to young adults. The content is organized and subdivided into four major sections — under the main headings of General Considerations, Pathobiology, Clinical Manifestations and Treatment, and Supportive Care and Complications — for ease of reference to readers. *Hematological Malignancies in Children, Adolescents and Young Adults* presents a comprehensive multidisciplinary review of the field of hematological malignancies and brings forth illuminating perspectives from an internationally recognized group of leading authorities in the field.

Medicinal & Aromatic Plants Abstracts

Integrative Dermatology

Oxford University Press This title combines conventional treatment options with time tested alternative treatment options for skin disorders. By integrating the best of Western and Eastern medicine, it aims to broaden the armamentarium of clinicians treating skin diseases.

Herbs and Natural Supplements, Volume 2

An Evidence-Based Guide

Elsevier Health Sciences *Herbs and Natural Supplements, 4th Edition: An evidence-based guide is an authoritative, evidence-based reference. This two-volume resource is essential to the safe and effective use of herbal, nutritional and food supplements. The second volume provides current, evidence-based monographs on the 132 most popular herbs, nutrients and food supplements. Organised*

alphabetically, each monograph includes daily intake, main actions and indications, adverse reactions, contraindications and precautions, safety in pregnancy and more. Recommended by the Pharmacy Board of Australia as an evidence-based reference works (print) that pharmacists are meant to have access to when dispensing Contributed content from naturopaths, GPs, pharmacists, and herbalists Useful in a clinical setting as well as a reference book. It provides up-to-date evidence on the latest research impacting on herbal and natural medicine by top leaders in Australia within the fields of Pharmacy, Herbal Medicine and Natural Medicine

The Herb Quarterly

Integrative Neurology

Oxford University Press, USA "Neurology is a quantitatively small corner of medicine that, increasingly, occupies a position of outsized importance and distinction in both the practice of medicine and in the health and well-being of society. The Decade of the Brain came into public awareness in 1990 as an initiative of president George W. Bush involving the NIH and NIMH "to enhance public awareness of the benefits to be derived from brain research"(1). In the intervening 20 years since 1999, we have seen significant increases in understanding the myriad of neurological diseases that confront society"--

New Scientist

Herbal Medicine

Biomolecular and Clinical Aspects, Second Edition

CRC Press The global popularity of herbal supplements and the promise they hold in treating various disease states has caused an unprecedented interest in understanding the molecular basis of the biological activity of traditional remedies. Herbal Medicine: Biomolecular and Clinical Aspects focuses on presenting current scientific evidence of biomolecular ef

Orchids in Traditional Medicine

Notion Press Orchids are beautiful, aren't they? Decorations made of these spectacular plants make the whole atmosphere divine! Their range of colour, the pattern of the flowers and the dots and ridges on the floral parts make them unique and 'different'. Interestingly, they are the most well-praised medicinal plants in the world. For ages, most countries have been harbouring and using these plants to treat several ailments like that in Ayurved, ancient Chinese medicine, etc. They're also advocated and boasted for potential healers. Besides, numerous folklore uses, which may or may not be documented, can be traced. Being very juvenile, our research has provided scanty (as compared to their actual uses) information on the validation part of these plants. Orchids in Traditional Medicine tries to take you to the mysteriously beautiful world of orchids, providing a glimpse into understanding their potential and medicinal uses. It also seeks to putatively understand the Ayurvedic doctrine and the existing disputes regarding the use of orchids. Let us now explore the world of medicinal orchids!

Integrative Addiction and Recovery

Oxford University Press Integrative Addiction and Recovery offers an authentic model of comprehensive integrative modalities germane and specific to the field of addiction and recovery treatment. Although many treatment services for addiction include "holistic," "alternative," or "integrative" in their descriptions, they contain no substantive programs or services consistent with the mind, body, spirit paradigm contained within the integrative approach to health and healing. Consequently, many patients do not have the opportunity to benefit from the true spirit of an integrative approach within the discipline of addiction and recovery medicine. This book sets the standard for a bona fide integrative approach for others to follow, providing information that is immediately useful in clinical practice and rigorously evidence-based. Authored by world-class experts in the field of addiction medicine, Integrative Addiction and Recovery presents both scientific and holistic data regarding a wide variety of holistic and conventional approaches to the treatment of substance abuse and behavioral addictions. Its chapters cover both conventional and holistic treatment and provide background for each of the major classes of drugs of abuse, including opiates, alcohol, tobacco, stimulants, sedative-hypnotics, hallucinogens and marijuana. It also includes chapters on the topics of food addiction and behavioral addictions such as gambling and shopping. The authors explore the major holistic modalities, providing background and theory in areas like acupuncture, Traditional Chinese Medicine, Homeopathy, Aromatherapy, and Ayurvedic Medicine, while at the same time providing spiritual approach chapters on Shamanism and Ibogaine, as well as more conventional issues with a holistic view including Co-Occurring Disorders and

Psychosocial Treatment, and Group Support. The very complex issue of chronic pain and addiction is also addressed, along with relapse prevention strategies.

Medicinal Orchids of Asia

Springer This unique book brings together a wealth of data on the botanical, ethno-medicinal and pharmacological aspects of over 500 species of Asian medicinal orchids. It starts off by explaining the role and limitations of complimentary and herbal medicines, and how traditional Asian medicine differs from Western, "scientific" medicine. The different Asian medical traditions are described, as well as their modes of preparing herbal remedies. The core of the book presents individual medicinal orchid species arranged by genera. Each species is identified by its official botanical name, synonyms, and local names. Its distribution, habitat and flowering season, uses and pharmacology are described. An overview sums up the research findings on all species within each genus. Clinical observations are discussed whenever available, and possible therapeutic applications are highlighted. The book closes with chapters on the conservation of medicinal orchids and on the role of randomized clinical trials.

Management of Tinnitus

The Enriching Views of Treatment Options

BoD - Books on Demand Tinnitus ("ringing in the ears") is a serious health condition that can negatively affect a patient's quality of life. Although there is presently no way to cure tinnitus, there are some good, well-established methods that can significantly reduce the burden of tinnitus. Importantly, the only way to success is to understand the detailed knowledge offered by clinicians and researchers. Based on these concepts, the book incorporates updated developments as well as future perspectives in the ever-expanding field of tinnitus. This book can also serve as a reference for persons involved in this field whether they are clinicians, researchers, or patients. Once we've integrated the views of various disciplines and treatment options, we can go forth to manage tinnitus well.

Adaptogens

Herbs for Strength, Stamina, and Stress Relief

Inner Traditions / Bear & Co Adaptogens help the body to “adapt” to the many health challenges it encounters--particularly stress. They increase stamina and counter the effects of aging and thus are becoming important tools in sports medicine and in the prevention and treatment of chronic fatigue and related disorders. The authors explain how they work and why they are so effective at combating stress-induced illness.

Index Medicus

Proceedings of the Annual International Conference of the IEEE Engineering in Medicine and Biology Society

Integrative Pain Management

Oxford University Press Integrative Pain Management provides an overview of pain physiology, current conventional care options, an understanding of integrative medicine as it applies to pain management, the role of pain practitioners when working collaboratively, and the utilization of an expansive and patient-centered treatment model. This comprehensive guide written by experts in the field provides case examples of pain conditions, reviews common integrative treatments including physical therapy, behavioral strategies, and advanced procedures to maximize function and reduce pain, and extensive further reading resources. Part of the Weil Integrative Medicine Library, this volume offers clinicians treating pain innovative and patient-centered tools for approaching their most difficult cases to improve their approach and outcomes. The book provides access to additional online content that supplements some of the integrative interventions discussed including videos of tai chi in pain management, a demonstration of motivational interviewing as practitioner empowerment, and figures including the STarT Back Screening Tool (SBST) for spine care. Integrative medicine is defined

as healing-oriented medicine that takes account of the whole person (body, mind, and spirit) as well as all aspects of lifestyle; it emphasizes the therapeutic relationship and makes use of appropriate therapies, both conventional and alternative. Series editor Andrew Weil, MD, is Professor and Director of the Arizona Center for Integrative Medicine at the University of Arizona. Dr. Weil's program was the first such academic program in the U.S., and its stated goal is "to combine the best ideas and practices of conventional and alternative medicine into cost effective treatments without embracing alternative practices uncritically."

Stockley's Herbal Medicines Interactions

A Guide to the Interactions of Herbal Medicines, Dietary Supplements and Nutraceuticals with Conventional Medicines

Provides an invaluable reference text for all healthcare professionals who require evidence-based information on the interactions of conventional medicines with herbal medicines, dietary supplements and nutraceuticals. Stockley's Herbal Medicines Interactions is a unique collaboration between a team of experts in the fields of drug interaction, clinical herbal medicines, phytopharmacovigilance and regulation of herbal medicinal products. Stockley's Herbal Medicines Interactions brings together available data on over 150 of the most commonly used herbal medicines dietary supplements and nutraceuticals in highly structured, rigorously researched and fully referenced monographs.

Parapsychology, New Age, and the Occult

A Source Encyclopedia

Eve's Weekly

Herbs for Pets

The Natural Way to Enhance Your Pet's Life

Fox Chapel Publishing Herbs for Pets, by herbalists and holistic experts Gregory L. Tilford and Mary L. Wulff, is the bible for all pet owners looking to enhance their companion animals' lives through natural therapies. Now in its second revised edition, Herbs for Pets is an indispensable resource, an exhaustive compendium of medicinal plants and natural remedies that hosts an illustrated tour through Western, ayurvedic, and Chinese herbs that grow in North America, including their holistic applications and contraindications, and alternative approaches to treating a wide range of ailments. Remedies in the book are applicable to dogs and cats, as well as birds, small mammals, and even farm animals. The book is organized into three chapters, the first is dedicated to the "Principles and Practices of Herbalism," discussing the many facets of herbs, concerns about toxicity, basic herbal preparation, the ethical use of herbs, the connection between herbs and diet, and using herbs as dietary supplements. Chapter 2, titled "Materia Medica: An A-Z Guide to Herbs for Animals," is an exhaustive 150-page section presenting color photographs and text about the appearance, habitat and range, cycle and bloom season, parts used, primary medicinal activities, strongest affinities, common uses, availability, propagation and harvest, alternatives and adjuncts, and cautions and comments for 65 different herbs (from Alfalfa to Yucca!). The common uses section is extensive for each herb, discussing the nutrient value, various qualities, and ways in which the herb is used for specific treatments. The third chapter of the book is titled "An Herbal Repertory for Animals: Ailments and Treatments" and details remedies for the following: anxiety, nervousness, and behavioral problems; arthritis and hip dysplasia; cancer; cardiovascular problems; digestive system problems; ear problems; elderly animal care; endocrine system and related problems; epilepsy, convulsions, and seizures; eye problems; first aid, immune system care; mouth and nose problems; parasite-related problems; pregnancy and lactation; skin problems; and urinary problems. The authors share over two dozen herbal remedies for various ailments, from asthma and pneumonia to constipation and eye cleaner. A glossary of over 200 terms is included, as are references and a comprehensive index. .

Trease and Evans' Pharmacognosy

W B Saunders Company This reference covers the medicinal properties of plant and animal products. It seeks to maintain a balance between topical and classic aspects of the subject, and this edition includes an expanded section on complementary and traditional systems of medicine, taking in aromatherapy and Chinese and African medicine. This edition also covers application of gene transfer techniques to the production of medicinal plants, and there are new chapters on: antiprotozoals, oral hypoglycaemic and anti-mepatotoxic drugs, and on vitamins and hormones.

Tourette Syndrome

Oxford University Press Tourette Syndrome covers all of the main aspects related to TS, analyzing the complexity of its clinical presentation, the novel viewpoints of causes and mechanisms, the best way to assess TS patients, and the multifaceted and multidisciplinary treatment options.

Traditional Medicine in Asia

SEARO Regional Publications This unique book provides a comprehensive picture of the vivid kaleidoscope of traditional medicine in Asia presented by 34 eminent authors from 15 countries belonging to the different systems like Ayurveda and Chinese Traditional Medicine. Important emerging areas such as harmonization of the traditional systems with modern medicine and the growing role of these systems in the health care structure of countries are also dealt with. Legislation and regulation of these systems and practitioners, an area of growing concern, the need for good preclinical toxicology studies and scientific clinical evaluation of the products and medicinal plants used for therapy are exhaustingly dealt with. The vital issue of protection of traditional systems of medicine and patenting of medicinal plants is discussed in detail. The book is replete with suggestions, and ideas aimed at making traditional systems more effectively, and more widely used for health care. The book also covers the prevailing situation regarding the use and other aspects of traditional medicine in the 10 Member countries of the South-East Asia Region of the World Health Organization.

From Ayurveda To Chinese Medicine

World Scientific This unique book presents the differences and similarities of the oldest system of health care. All ancient medicine has strong philosophical background and management varieties related to treatment activities. Ayurveda is one such branch of medicine that is strongly linked to Yoga and traditional Chinese medicine including activities related to Martial Arts and Acupuncture. This book successfully merges Ayurveda with Chinese medicine thereby enhancing the understanding of the two systems.

East West Journal

Contemporary Obstetrics and Gynecology for Developing Countries

Springer Nature This book is a comprehensive and easy-to-read guide to obstetrics and gynecology in developing countries. Although significant progress has been made towards the reduction of maternal mortality and morbidity globally, they are still unacceptably high in developing countries. This can be directly or indirectly tied to poor quality maternal health care and lack of access to cost-effective, comprehensive healthcare. Health practitioners in developing countries also contend with trying to keep abreast of recent developments in obstetrics and gynecology while dealing with lack of time, resources, and access to relevant information. This textbook was thus created by experts in obstetrics and gynecology with extensive experience in African clinical settings and consultants in developed countries to teach proper and accurate diagnosis, treatment and management of gynecologic and obstetric health issues within the context of developing countries. This second edition has been fully updated throughout with an added 25+ chapters that cover topics such as reproductive health, gynecological cancers and research methods. The book is divided into six sections: Women's Reproductive Health; Obstetrics; Medical and Surgical Disorders in Pregnancy; General Gynecology; Gynecological Malignancies; Health Systems Organization, Research Methodology and Biostatistics. These section topics have been carefully covered by expert authors with the use of valid scientific data, policy instruments, and adapted to the cultural and social context of developing countries, with particular in depth coverage of conditions that have greater prevalence and incidence in developing countries. Each chapter also focuses on filling gaps in knowledge with a distinct pedagogical approach, starting with a set of learning objectives and

ending with key takeaways for the chapter. This is an ideal guide for residents, medical students, practitioners of obstetrics and gynecology, midwives, general practitioners, and pediatricians, particularly those working in developing countries.

Rasayana

Ayurvedic Herbs for Longevity and Rejuvenation

CRC Press Until relatively recently, much of the information on India's research into their medicinal plants has remained within India, mainly published within Indian journals. However, today the field of Ayurveda is expanding, with the integration of herbs and minerals discovered in other countries and the strengthening of academic knowledge networks worldwide.

Scientific Basis for Ayurvedic Therapies

CRC Press Arguably the oldest form of health care, Ayurveda is often referred to as the "Mother of All Healing." Although there has been considerable scientific research done in this area during the last 50 years, the results of that research have not been adequately disseminated. Meeting the need for an authoritative, evidence-based reference, *Scientific Basis for Ayurvedic Therapies*

Traditional Herbal Medicine Research Methods

Identification, Analysis, Bioassay, and Pharmaceutical and Clinical Studies

John Wiley & Sons This book introduces the methodology for collection and identification of herbal materials, extraction and isolation of compounds from herbs, in vitro bioassay, in vivo animal test, toxicology, and clinical trials of herbal research. To fully understand and make the best use of herbal medicines requires the close combination of chemistry, biochemistry, biology, pharmacology, and clinical science. Although there are many books about traditional medicines research, they mostly focus on either chemical or pharmacological study results of certain plants. This book, however, covers the systematic study and analysis of herbal medicines in

general - including chemical isolation and identification, bioassay and mechanism study, pharmacological experiment, and quality control of the raw plant material and end products.

Aromatherapy

A Practical Approach

Consumer Health Information Source Book

Greenwood *How can an award-winning source book that helps consumers find health information be improved? Health expert Alan Rees has done just that in his sixth edition by providing practical advice on using the Internet, tips on where to find Spanish-language health pamphlets, and recommendations on what's most important in the world of alternative medicine. The sixty edition provides users with an annotated guide to health-related resources--hotlines, newsletters, pamphlets, Web sites, CD-ROMS, magazines, books, and more! Readers are given a description on each resource and how to best use it.*

Well-Mannered Medicine

Medical Ethics and Etiquette in Classical Ayurveda

Oxford University Press *Dagmar Wujastyk explores the moral discourses on the practice of medicine in the foundational texts of Ayurveda, showing how these works testify to an elaborate system of medical ethics and etiquette.*

Handbook of African Medicinal Plants, Second Edition

CRC Press *With over 50,000 distinct species in sub-Saharan Africa alone, the African continent is endowed with an enormous wealth of plant resources. While more than 25 percent of known species have been used for several centuries in traditional African medicine for the prevention and treatment of diseases, Africa remains a minor player in the global natural products market largely due to lack of*

practical information. This updated and expanded second edition of the Handbook of African Medicinal Plants provides a comprehensive review of more than 2,000 species of plants employed in indigenous African medicine, with full-color photographs and references from over 1,100 publications. The first part of the book contains a catalog of the plants used as ingredients for the preparation of traditional remedies, including their medicinal uses and the parts of the plant used. This is followed by a pharmacognostical profile of 170 of the major herbs, with a brief description of the diagnostic features of the leaves, flowers, and fruits and monographs with botanical names, common names, synonyms, African names, habitat and distribution, ethnomedicinal uses, chemical constituents, and reported pharmacological activity. The second part of the book provides an introduction to African traditional medicine, outlining African cosmology and beliefs as they relate to healing and the use of herbs, health foods, and medicinal plants. This book presents scientific documentation of the correlation between the observed folk use and demonstrable biological activity, as well as the characterized constituents of the plants.

Green Remedies

Pustak Mahal *This indispensable master-volume, chronicles about 80 green resources and 600 simplified herbal recipes that are proven cures for a large number of frequently encountered ailments and common health problems. This book captures the spirit of Ayurveda, and shows the usefulness of the ancient science.*

The Transnational History of a Chinese Family

Immigrant Letters, Family Business, and Reverse Migration

Rutgers University Press *Family and home are one word--jia--in the Chinese language. Family can be separated and home may be relocated, but jia remains intact. It signifies a system of mutual obligation, lasting responsibility, and cultural values. This strong yet flexible sense of kinship has enabled many Chinese immigrant families to endure long physical separation and accommodate continuities and discontinuities in the process of social mobility. Based on an analysis of over three thousand family letters and other primary sources, including recently released immigration files from the National Archives and Records Administration, Haiming Liu*

presents a remarkable transnational history of a Chinese family from the late nineteenth century to the 1970s. For three generations, the family lived between the two worlds. While the immigrant generation worked hard in an herbalist business and asparagus farming, the younger generation crossed back and forth between China and America, pursuing proper education, good careers, and a meaningful life during a difficult period of time for Chinese Americans. When social instability in China and hostile racial environment in America prevented the family from being rooted in either side of the Pacific, transnational family life became a focal point of their social existence. This well-documented and illustrated family history makes it clear that, for many Chinese immigrant families, migration does not mean a break from the past but the beginning of a new life that incorporates and transcends dual national boundaries. It convincingly shows how transnationalism has become a way of life for Chinese American families.